

Smoking Cessation DVD for GPs

Featuring Dr Katherine Strasser using the 5As technique

In 2004 you received a copy of the National Smoking Cessation Guidelines for general practice outlining the 5As Framework as a method to assist patients to stop smoking.



Quit Victoria has developed a training package for GPs, including the 5As DVD 'Just Say A-A-A-A-A', as a demonstration of the use of the 5As in daily practice.

The DVD features general practitioner, Dr Katherine Strasser. It shows three scenarios involving a pregnant

patient representing different stages of readiness to quit (ready, unsure, and not ready to quit). The assistance offered to patients varies dependent on the individual's motivation and confidence to quit. The DVD recognises that "time is a limited commodity in general practice" (National Smoking Cessation Guidelines), with each scenario taking approximately 3 minutes.

The training package can be purchased for \$40 and includes the DVD and training booklet.

PRICE INCLUDES GST AND POSTAGE

ORDER FORM AND TAX INVOICE

Cancer Council Victoria ABN: 61 426 486 715

Upon payment, this form can be used as a tax invoice.

Please photocopy this for your tax records.

Just say 'A-A-A-A-A' DVD

	Quantity	Price	\$ Total
Just say 'A-A-A-A-A' DVD		\$40	

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By mail Send your order to: Quit Victoria
PO Box 888, Carlton South Victoria 3053 Australia

By Fax Include your fax or phone number in case of poor fax quality
24 hours, 7 days a week: (03) 9635 5510
International +61 3 9635 5510

4 Payment method

- Cheque enclosed Make cheques payable to
Cancer Council Victoria
- Credit card (please provide credit card details)
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- Bill All billing requests must be accompanied by a Purchase Order
We are not able to bill individuals. Order must total over \$75 plus GST.

Purchase order number